



Community Information Session: Understanding the Teen Brain

WHEN: February 13, 2019

TIME: 6:30-7:30 p.m.

WHERE: Grande Prairie Public
School District (10127 120 Ave)

WHO: FREE and open to the public.
No registration required

- This free community presentation will provide an overview of basic teen brain development. Attendees will gain a better understanding about teenage behaviour.
- This presentation will share strategies to support teens. Resources will also be provided.

*Presented by Rhonda Surowaniec
(Mental Health Therapist, Alberta
Health Services) and Lori Stewart
(Registered Psychiatric Nurse,
Alberta Health Services)*

